

Information for children and young people at school

If you are reading this you may have been told that someone from the Educational Psychology Service is coming to school to meet you. This could be an Educational Psychologist, a Trainee Educational Psychologist or an Assistant Psychologist who has been asked by school and your parents to help you feel happier in school.



Sometimes children and young people need help with

- their school work
- their behaviour
- getting along with others
- their feelings
- other things like getting around, seeing or hearing



An Educational Psychologist is someone who has been trained to understand how children and young people learn and behave. They are interested in how children and young people

...play



...talk



feel



...think



...learn



When the Educational Psychologist meets you they may ask you about yourself, your work or your behaviour. They may see how you are getting on in the classroom and in the playground. They may also ask you to do some work activities so they can find out the things you are good at (your strengths) and the things you might need some help with (your needs).

The Educational Psychologist may visit you once, they may see you at a school meeting or they may see you a couple of times to do some more activities with you.

If you have any questions about the Educational Psychologist you can ask your parents or your teachers.